



Welcome to the Dearborn High School Football Family,

Important Information

WHOLE PROGRAM SPEED AND STRENGTH WORK

June 10th - June 27th Monday, Tuesday, Wednesday, Thursday

8:00 am - 10:30 am

MANDATORY STATEWIDE DEAD WEEK July 1st - July 7th

Speed and Strength Program Continued

July 8th - August 8th

8:00 am - 10:30 am

TEAM CAMP (in helmets) @ DHS (we will still lift and run in the morning)

July 15th, 16th, 17th

6:00 pm - 8:30 pm

FALL CAMP (used to be known as 2 a days)

August 12th - August 21st

4:30 pm check in

Practice 5:00 pm - 7:00 pm and 7:45 pm - 9:30 pm

With a meal between practices

ORANGE AND BLACK GAME SATURDAY AUGUST 17th 12:00 Noon

SCRIMMAGE vs DAVISON HIGH SCHOOL @ DHS

August 21st 4:00 pm

Please Follow Us on Social Media For Live Updates

Twitter: @PioneerDearborn **Instagram:** Dearborn_High_Football